



Dog Obedience

Train Your Dog Effectively to STOP Behavior Problems!

Legal Notice:- The author and publisher of this Ebook and the accompanying materials have used their best efforts in preparing this Ebook. The author and publisher make no representation or warranties with respect to the accuracy, applicability, fitness, or completeness of the contents of this Ebook. The information contained in this Ebook is strictly for educational purposes. Therefore, if you wish to apply ideas contained in this Ebook, you are taking full responsibility for your actions.

The author and publisher disclaim any warranties (express or implied), merchantability, or fitness for any particular purpose. The author and publisher shall in no event be held liable to any party for any direct, indirect, punitive, special, incidental or other consequential damages arising directly or indirectly from any use of this material, which is provided "as is", and without warranties.

As always, the advice of a competent legal, tax, accounting or other professional should be sought. The author and publisher do not warrant the performance, effectiveness or applicability of any sites listed or linked to in this Ebook. All links are for information purposes only and are not warranted for content, accuracy or any other implied or explicit purpose.

Table of Contents

Introduction	3
Biting Behaviors	5
Whining, Howling And Excessive Barking	7
Problems With Chewing	8
Jumping On People	9
Pulling And Tugging On A Leash	10
Inappropriate Urination	11
Not Heeding The Owner's Call	13
Chasing People, Objects And Other Things	14
Escaping And Roaming	16
Dog Fighting	17
Begging	18
Keeping Your Dog Out Of The Garbage	19
Aggressive Behavior	20
Digging Up Holes In The Yard	22
Obsessive Compulsive Disorder	24
Conclusion	25
References	26

Introduction

If you own a dog, you will have to do more than just feed them and give them toys to play with. Just about every one, no matter what breed, will have some bad habits and behaviors that you will have to break and get rid of.

It is necessary to make sure that you are sending the right message by eliminating any behavior that is deemed inappropriate and can eventually cause you shame and embarrassment.

There are different ways to deal with each of the unacceptable behaviors from your dog. Whatever you do, make sure that it is effective and something that can force your dog to change their ways.

Since there are different behaviors for each occurrence, you will find that some will require unique solutions. Of course, you will have to take into account the breed of your dog. There are some behaviors that come from genetics. So those will have to be dealt with accordingly.

Starting your dog on the right foot in the beginning is key to getting them to conform to doing the right thing. If you wait until later, it may be difficult for you and your dog to get things together.

It is important to incorporate proper training and teaching for your dog. Even if it's not your first one, you still need to go through the process with every one you get. Make the environment for them a pleasant one and you can have a happy dog.

You want your dog to be your best friend and make them a member of your family. You want them to be that special companion when you have no one else.

Here are some things that you will read about in this guide:

- How To Stop Your Dog From Biting
- How To Stop Them From Howling and Barking And What Could Happen If You Don't
- How To Stop Them From Being Aggressive

You want to have a happy dog. In turn he will make you happy. Dogs are different creatures. Once they get attached to you, they are attached and there's no turning back.

Dogs are man's best friend for a reason. They can provide things that no human can provide for them. A dog can be your protector from hurt, harm and danger. They will easily and readily come to your defense when they need to.

However, they have to be trained properly in order to do that. They must get rid of their bad behaviors so that they can be efficient and dependable.

While you are training them to get rid of their bad behaviors, it's important that you have patience. It will take time for your dog to make those changes that he needs to make in order to be the dog that you want him to be.

Biting Behaviors

Even though biting is considered as a normal behavior, you should also keep in mind that when dogs get older, it could pose a serious risk to others including yourself.

It may be cute in the puppy stage, but as they grow, it's not cute anymore. You have to start when you still have a puppy to get them to change their behavior regarding biting.

As a puppy, biting is a learned behavior that comes from their mother and additional litter. Because they are not always with their mother, the human that takes care of them must be responsible for making the change.

While still in the puppy stage, allow the puppy to play with other puppies. They like to interact with each other and sometimes that will include biting. As they do this, they can learn to control themselves.

If there is one puppy that is overly aggressive, the others will get after the aggressive puppy for being too rough. As they continue to play with each other, the puppy will learn to subside with the biting.

You can start very early while they are still a puppy when they are at least four to six weeks old. Here are some tips that you can take to get an advantage:

- Let the puppy know that you hurt when they bit you. You can be stern and say “no” or “ouch” to let the puppy know that it hurt you. The puppy will know that they have gone too far and they will think about what they’ve done.
- Slowly take your hand away. Doing this too fast can cause more damage.
- If they bite you again, repeat your verbal reaction. Step away from the puppy for a while. They will realize that you don’t appreciate what they did and will figure out that you don’t want to be around them.
- Give them a toy to chew on.
- Reward the puppy when they are good and not biting you.
- Be consistent when you are training them to stop biting. Continue to let the puppy know that bites are not acceptable.
- Your puppy should take an obedience class. That way he can interact with other dogs as he gets older. He will learn about limits with humans and other dogs.

- As your puppy gets older and grows into a dog, he needs lots of physical activity, including regular exercise. Also, give them a chance to play outside so that he can get some fresh air. Make sure he gets to walk and play fetch. This can help them not think about biting.
- Keep them on a schedule with their physical activities. They will get used to doing things and will come to enjoy doing them.
- Keep young children out of harm's way by not leaving them alone with the puppy. The puppy may still be in the learning stage and may bite the child.
- Refrain from aggressive behavior with them. That can influence them to continue biting.
- If they continue to bite despite your best efforts, contact your veterinarian or a dog trainer for assistance.

Whining, Howling And Excessive Barking

There are times when whining, howling and barking are normal for your dog. However, if you have a dog that constantly whines, howls or barks, it can become a problem. Not only can it become a problem for you, it can also become a problem for your neighbors if you live in an apartment or a subdivision. You would get constant complaints from them if the problem is not resolved.

Here are some ways that you can deal with a dog that is constantly creating havoc:

- Find out why the dog is whining, howling or barking so much. They may be hungry, thirsty or both. Make sure that the dog is always fed and always has water. Don't forget about supplying the dog with toys so that they can stay busy.
- Some dogs do not like being by themselves. They get upset when no one is around and it creates anxiety for them. In addition to being lonely, they get stressed out and starting making all kinds of annoying noises.
- Even if you are at home with the dog, they need to learn how to be alone. Don't make it a habit of always catering to them when they whine. If you do, they will expect you to come every time. You'll have a difficult time breaking the habit.
- Sometimes a dog will make noises because they need to use the bathroom. The three times that you need to know to take them is after they eat, after an activity and after a nap or when they are waking up in the morning. There will be other times, but once the dog gets trained, you will be able to figure it all out.
- After you have provided food, water and toys for the dog, they should be quiet. However, if they are not, don't be afraid to let them know that their behavior is not acceptable.

Problems With Chewing

Chewing is natural, starting from puppies all the way to a dog. Dogs think that chewing is normal. However, it is not necessarily correct. If you notice that your dog has problems with chewing, you will need to correct the problem as soon as you notice it.

There are some dogs that will chew anything that they can get their teeth on. That includes shoes, clothes and furniture. Of course, these are things that you would rather them keep away from. It's not a good feeling to have to keep buying replacements.

One of the easiest solutions to this issue is to get your dog a variety of dog toys that they can chew on. Using these toys can teach them what they can chew on and what they cannot. Plus, having a variety of dog toys for them to chew on will keep them occupied.

Chewing on the toys will also keep their teeth and gums healthy. Some of the better choices for dog toys to chew on are ones that are scented or flavored. Consistently encourage your dog to play with the toys.

Another thing you can do is teach them to get a toy every time they come in your presence. Even if they greet someone else, still teach them to get one of their toys.

While you are training them, also teach them not to chew on items that there are not supposed to be chewing on. It is also important that the area where the dog plays is kept free of clutter. For your part, make sure that there are no shoes or other items that can provoke them to start chewing on them.

If the dog should happen to get something that they're not suppose to have, get their attention and remove it. Then replace it with a dog toy. Each time they do that, applaud them for doing the right thing. You can also prevent them from not chewing your items by applying something that will make them step away from it, such as Tabasco sauce and other non-toxic items.

Jumping On People

Dogs like to jump up on people. However, there are some dog owners who actually encourage this kind of behavior. They should keep in mind that not everyone likes dogs and that their dog should not jump up on everyone that they encounter. Even though they are cute when they are still puppies, it can really pose a problem as they become full grown dogs.

The problem with this is as the dog gets older, they weigh more. The more the dogs weigh, the more dangerous jumping on people can be. Since there are lots of people that don't like dogs, they will not appreciate one jumping on them and possibly knocking them down.

If it's a small child, it's even worse. The child could be seriously injured due to the weight of the dog. The dog owner could be in serious trouble, regardless if it's their child or not that got hurt. Whether it's an adult or a child, you could find yourself with a lawsuit if you have not trained your dog to stop doing that.

The best time to teach him not to jump on other people is when the dog is still young. It's easier to train them and you won't have the trouble that you would if the dog were older. Once you allow them to jump on other people, it can be difficult as the dog gets older and then you try to curb it. Their behavior pattern is already set and can be difficult to break.

The way to do this is when they try to jump on someone, put their feet back on the floor in a gentle and firm manner. You can reward and encourage them as they continue to obey you.

As you are encouraging your pet, you must be at eye level with them. The dog will take you seriously when they see that you are providing direct contact at their level. You can continue to reinforce this as much as you need to.

Make sure that everyone knows the rules and does not encourage the dog to allow jumping on them. It can be confusing if you have one person getting irritated and another allowing the dog to jump on them. The standard must be consistent, regardless of who it is.

Pulling And Tugging On A Leash

Another behavioral problem that dogs have starting from their puppy days is pulling and tugging on a leash. This is another one that can be started and encouraged by dog owners. When you play games with the dog, such as tug of war, it makes the dog feel like they can continue to do the pull and tugging bit. This can start a bad habit that can be difficult to break.

If you have a body harness, it can be used when you are training your dog not to pull and tug. It can also be used when you have to retrain your dog to stop pulling and tugging. Work with the dog so that they can accept and use the harness the same way it would use a collar on their neck.

If you are walking the dog, get a toy for them so that you can make them stay at your side. You can also use a training collar. This collar can be used if you are having problems training them not to pull and tug.

Even if you use a choke chain, you can train them in the same way. Regardless of which one you use, make sure that it fits correctly around their neck. It's important that it's not too big or too tight for them.

As you are walking with your dog, the leash should remain loose. If they pull ahead of you, change directions so that they will end up behind you. This should be done before it gets to the end of the leash. Do not allow the puppy or dog to pull you. While they are still young, they need to learn how to walk the right way.

As they get older and larger, it's crucial that they are walking correctly. As you are correct him, do not yank or pull on their neck. Just make a gentle movement and they will respond. Using too much force can cause the dog to become agitated.

Inappropriate Urination

Inappropriate urination for a dog owner can be very embarrassing. Not only that, combined with defecation, it can wreak havoc for them.

Before you can make changes, you have to get to the root of the problem. There could be different reasons why some dogs cannot control their bladders. Once you find out the root, then you can move on from there.

There are two types of inappropriate urination, excitement and submissive. This guide is going to describe both types.

Excitement Urination

When dogs get excited, they tend to release control of their bladder and urinate. It can happen when they get excited about seeing you. Even though excitement urination is normal, it is not a pretty sight. It's even more embarrassing when you have someone with you. For a lot of older dogs, it can really pose a big problem for them.

Excitement urination usually starts when they are still a puppy. Since they are still small, they tend to not control their bladder. In fact, they may not realize what's happening. The one thing that you don't want to do is get angry with them. That just makes it worse for them and for you. They will continue to urinate because now you have upset them.

What you can do is implement prevention. You can prevent him from getting excited about certain things. Continually expose him to whatever it is that is making him excited and urinating. The more that you do it, the less excited they will get, which in turn, will stop the urination.

As they get older and grow bigger, they will be able to control their bladder better.

Submissive Urination

With submissive urination, this happens among of pack of dogs. The submissive dog lowers itself and starts to urinate. The other dogs in the pack see what the leader is doing and then they follow suit.

When dogs exhibit this kind of behavior, they are usually insecure. Dogs of this nature have previously been abused by someone else.

Dogs who exhibit submissive urination are usually showing their insecurity. Unsocialized and previously abused dogs often exhibit submissive urination. These dogs need to be shown that there are more appropriate ways to express their submissive status, such as shaking hands or licking the owner's hand.

You can also ignore the urination, but make sure that you clean up the mess. You can also teach the dog to lift their paw, command them to sit down, along with other commands of obedience. Doing this will get the respect of your dog.

It is not an easy task to deal with urination issues; however, you still need to be consistent. When they are making progress, you should always reward them.

Do not punish the dog for inappropriate urination because it will only make the situation worse for both of you.

Not Heeding The Owner's Call

It is important for dog owners to realize how important it is for their dog to come to them when called to do so. When they fail to heed the owner's call, it can spell trouble. If the dog is active and does not come when called, they can run into traffic and get hit by a car.

Unfortunately, there are some careless dog owners who allow their dog to roam free without a leash. This is not a good idea. The owner should always have the dog on a leash. In fact, many urban areas require that a dog is on a leash or the owner could face fines. Once they can roam free and unattended, the dog could care less about obeying the commands of their owner.

Once the dog has this perception, they will delay heeding the owner's calls, if they come at all. If you have not allowed this type of behavior to happen, don't start it. However, if you have, do your best to reverse the situation. You must train them to respond when you say "come here" and other commands. This is in the best interest for other animals and human beings.

When you use the "come here" command, use it in a way that will be beneficial for the dog. Play with him first and then do other things with him. If you use the command and then clean him up afterwards, that will not be detrimental. Make sure that your dog does not connect your command with a bad experience.

Your dog will always be in the learning stage. It's important that each process of teaching and training is something that is positive. That way, they won't hesitate to do whatever it is you want them to do.

Each time you command the dog to come, give him a reward. It does not have to be elaborate. Encouraging the dog can include scratching behind their ears or patting them on the head. You can also provide them with dog treats if you wish. Just as long as it's something that makes them feel good. As you do this, you must be consistent with it.

Chasing People, Objects And Other Things

Dogs are known to chase after moving objects, whether they are human or not. A prime example is the mailman delivering the mail. They are common targets for dogs. Another thing that dogs chase after are wheels on a car as the car is moving. However, this is not proper and it can be dangerous for the dog as well as the subject they are chasing.

You must train your dog not to chase people and other things. The sooner you start, the better chance you have of getting the dog to obey you. The best time to start is when the dog is still young and not threatening.

It's even more important for those breeds that are large and those that are known to have aggressive behavior. When people are chased by a dog, they are scared and start to run. They don't know what that dog will do to them.

Depending on the breed, some are easier to train not to chase people or things. Those that are used for hunting or herding purposes are more likely to continue chasing. It is not a good idea to let a dog run free if they have not been trained not to chase. Even if they have, they still need to remain on a leash in public.

When you are training your dog, do it in a safe area that is built-in. An ideal place would be a yard that is fenced in. This way the dog will be able to concentrate on what you are trying to do with him. You want the dog to understand that you are trying to teach him the proper behavior. Also, the dog must be given a chance to go over the behavior that you are trying to teach him.

You should also train the dog in your home. This is another way of keeping the dog in a controlled environment. Place a leash on the dog. You and the dog will stand at one end of the hallway or one end of a room. Get a small ball and wave it in front of them.

You will not let the dog touch the ball. Roll the ball to the other end and use the command "off". This command lets the dog know that they are not to chase after the ball. However, if they start to go after it, say the command "off" again and gently and firmly tug the leash.

It is important that the dog not touch the ball at all. If you allow him to do so, then they will think that the command "off" means that they can touch it. Do this several times or until the dog has learned what the command means. After the dog has gotten the message, give him a treat as a reward for learning that command.

Try the same thing but go to another room. Repeat the process again in more rooms of your home. After you feel that your dog has mastered the training, you can do it without the leash. Keep in mind you must remain in a controlled area. It may take a while for your dog to get the hang of this. Be patient until you are confident that he has learned to stop chasing.

Do a test to see if your dog has actually learned from your training. Get someone to act as a walker or a jogger. The dog should not notice them. In fact, the person that you choose should be a stranger to the dog, but not to you.

Keep the dog on the leash and allow the person to walk or jog several times. During this time, you will do the “off” command. See if the dog will remain still or try and chase the person. If they try to run, gently and firmly tug on the leash. If they stay put, you can give them a treat.

Escaping And Roaming

You should never allow your dog to escape your home and roam in the neighborhood. That is irresponsible on your part. It can also pose a danger to your dog and the residents in the area. In most places, you are required to have a leash on the dog. If you allow this to happen, you could get in trouble and probably face a fine.

There are sometimes when it's not your fault that the dog has gone astray. Some dogs will work an escape plan by themselves. Once they get out, they will go after anything in sight. That includes humans, cars or anything that makes a movement. Working to prevent this from happening is easier than trying to get your dog back once they have gotten out.

One of the things that you can do is eliminate anything that will provoke your dog to get away. You must keep your dog busy. If they are bored, they will want to get away and will scheme to do it. If they have plenty of toys, along with water and sleeping arrangements, they won't think about getting away. They will be too busy playing and getting their rest.

If you have a dog that has a lot of pent up energy, they will want to escape. They are not using their energy and it makes them bored and anxious to get out. Allow the dog to work off the energy that has built up inside of them. They will feel better later.

You must also make your home so that it won't be easy for your dog to get away. Make sure that the fencing is sufficient enough that they will stay in the controlled environment. If you have a dog that has a habit of digging, you may have to place metal stakes in the ground.

You may also have to make the fence higher if your dog has a habit of jumping. The last resort is to keep your dog confined when no one is at home to watch him.

It's important that you do whatever you need to do to keep your dog from escaping and roaming around in the neighborhood. They can be a danger not only to others, but to themselves as well. There are people out there who would not mind getting their hands on a dog that does not belong to them. So it's crucial that you take the appropriate steps to keep your dog and others safe.

Dog Fighting

It's important that your dog is kept under control in the event they meet up with another dog. Your dog may not be an instigator when it comes to fighting, but the other dog may be. Make sure that you have trained your dog to be obedient. They should be able to obey all of your commands.

Here are some ways that you can prevent your dog from fighting:

- Make sure that your dog's collar is fitting properly. It should not be too loose or too tight.
- Carry an umbrella and spray bottle for protection.
- If an aggressive dog comes in your path, have your dog sit and look away from the aggressor. Have your umbrella available.
- Neither you nor your dog should run. This just escalates the situation.
- Put the umbrella between the dogs so that it will open.
- Put your foot in front and say "Stop!", then open the umbrella.
- As you open the umbrella, the aggressive dog will try to escape your clutches.
- If you use the spray bottle, go for the aggressor's nose and say "Stop!" and spray. Try to avoid the eyes.
- As long as your dog is trained properly, they will do what you say and not egg on a fight with other dogs.
- If the umbrella or spray bottle trick does not work, you and your dog back away slowly.
- Avoid making eye contact with the aggressor. It just makes him more prone to attack, whether it's you or your dog.
- If the other dog is extremely aggressive, they may still try to attack. You may have to seek additional help.

Begging

Some dogs have a habit of begging. This is an easy behavior to curb. You must be consistent when you are trying to break them out of it. It's important that if there are other people in your house, they have to follow suit by being consistent as well.

- Get something that your dog dislikes. You can try fruits such as grapes that are sour or apples that are bitter. You can get these from pet stores that sell supplies. Also, try using Tabasco sauce combined with vinegar.
- Give your dog a sample to see whether he likes it or not. Use other foods that you think the dog may not eat. If they don't eat them, they detest the smell and the taste of the food.
- As you feed the dog, provide him with the food that he does not like to eat or smell. If the dog starts to beg, give him a piece of food along with the stuff that he does not like.
- The dog will be familiar with the taste and not want to consume it. If there are other people who are eating, have them assist you with this test.
- Be consistent and use something that your dog dislikes. The more consistent you are, the more your dog will get the message.
- You can also say "no" consistently. Make sure that you mean it; otherwise, your dog will know that you are not serious.

Eventually, your dog will get the message and stop begging. On the other hand, it's important that you feed him regular meals so that he won't go hungry and start begging.

Keeping Your Dog Out Of The Garbage

Dogs are attracted to garbage. They like how it smells and figure that they can find some leftovers that they would eat. Sometimes they just like to rummage through trash to combat their boredom. You can break your dog from this habit. Here are some ways that you can do that:

- If you should catch them going through the garbage, you can walk up on them. Call them out by telling them they are a bad dog and to get out of the trash.
- Impose discipline on your dog. Put them in room and let them have some time alone. Repeat why they are alone in the room.
- Continue to repeat and reinforce your stand on your dog not going in the garbage. Eventually through your consistency and repetition, they will learn to stop.
- Make sure that you are doing your part by blocking every opportunity for your dog to get in the garbage.
- Change out the trash. If you don't have a garbage can that has a lid that only operates with your foot, you should get one. Make sure that your garbage can stays closed.
- If you have trash to be thrown out, do it as soon as possible. Allowing it to lie around will only attract your dog to rummage through more trash.
- Don't be forceful when trying to get your dog to stop going through your trash. Be patient with him.
- A gentle, but firm response will resonate with your dog instead of a forceful one.
- As long as you are consistently making an effort, your dog will eventually get the message.

Aggressive Behavior

You may have a dog that is aggressive in their behavior. This can be a scary situation because you don't know when they want to attack. In order to burn off some steam, you can take him to the park. However, try to keep him away from other dogs as to prevent an attack on other dogs or people.

- Make the dog pay attention to you so that he can be distracted from seeing other dogs.
- If another dog is approaching your direction, pull sideways on the leash.
- If you pull the leash straight, you are giving your dog control. Keeping the leash sideways ensures that your dog will have less control.
- If you feel your dog starting to act up, try to distract him by making noises that he would respond to. However, don't scream or yell.
- Slowly keep your dog away from other dogs. When you see he is starting to change his behavior, give him a treat.
- Get together with another dog so that they can meet. Keep your dog on the leash. Find a place that your dog is not familiar with. Your dog will become territorial in familiar place and feel threatened by the other dog.
- See how your dog reacts when meeting another dog. If you see that he's not too pleased, then move on. Some of the signs are growling, stiffening or pulling on the leash to get closer to the other dog. It's better to be proactive than reactive.
- See if you can find other dogs that you are willing to connect with your dog and repeat the process.
- If your dog still has aggressive tendencies, get him in a dog obedience school. There are specialized dog trainers that can work with your dog in a group. A lot of times a group setting can be better therapy for them.

Here are some other things to do and notice about your aggressive dog:

- Consider neutering your dog if it's a male. Then they won't feel as dominant or possess such aggressive behavior.

- Aggressive dogs should not be punished in a physical manner. That only escalates the problem.
- Use a leash that is retractable. It can help when you are meeting other dogs. Your dog will not feel restricted and you can still control his movements.
- Just because your dog wags its tail does not mean that they are interested in being friendly with the other dog.

It's important that you continue to consistently maintain control over the situation, regardless of whether you are at the park, at home or wherever you meet up with other canines.

Digging Up Holes In The Yard

Walking in your yard, you may find a lot of holes. If your dog stays back there, you don't have to guess where they came from. Eventually, sooner than later, you will need to teach your dog how to stop digging up holes in your yard.

Not only is it unsightly, you will also have to come out of your pocket to get your yard straightened out. Plus, if you do it yourself, that is time spent there when you could be doing something else.

Dogs are not thinking when they are doing this. They may get tired of playing with their toys and they are not hungry. One thing that you cannot do is to impose punishment to get them to stop.

If you do try to punish them, you may face the dog rebelling against you. You will need to find the root of why they are digging in your yard to begin with. Then you will be able to work from there to make changes in your dog and stop him from digging holes.

Here are some things that you can try to get your dog to stop digging holes in your yard:

- Place barriers in certain areas of your yard to keep your dog out. They should be placed in the areas where he likes to dig holes. Once they realized that their favorite areas are blocked, they will stop trying to gain access to dig more holes.
- You may want to have a sprinkler that will spray water on your dog. Dogs are not too keen about having water sprayed on them. They are not animals that like to get wet.
- Make sure that your dog gets plenty of exercise. That can help them to stop thinking about wanting to dig holes in your yard. One of the main reasons that they do it because they get bored and feel that they have nothing else to do.
- Make time to play with your dog. Spend quality time with him. When they know that you are investing time with them, they will be less likely to think about messing up your yard.
- Your dog should have plenty of toys to keep them busy. Make sure that they have a variety so that they won't get bored easily.

- If playing with them and taking them out for regular exercise is not enough, you may want to get your dog a sandbox. Or you can section off a portion of your yard where they are allowed to dig. You can also allow them to have toys and treats in that area. Once they get accustomed to it, they will not see the need to dig holes anywhere else in your yard.
- Dogs don't like the heat, so they will dig holes and use the dirt to keep them cool. If you want to stop them from digging, give them a place where there is shade and provide them with plenty of water.
- One thing that you can do to keep or stop your dog from digging may not be a pleasant one. However, you may be surprised to find out that it can be effective. You can place some waste in the holes that are being dug up. Once the dog gets to the waste, they will want to stop digging up holes in your yard.

Obsessive Compulsive Disorder

Obsessive Compulsive Disorder is when people do things over and over again and they don't know why. It is an odd behavior and there are many people who suffer from it. However, did you ever think that dogs could suffer from obsessive compulsive disorder (OCD)?

Dogs get obsessive compulsive disorder when they are suffering from stress or boredom. They can also experience it when they are dealing with anxiety. For a dog owner, dealing with OCD can be a pain in the rear. They can't immediately figure out why their dog is acting like that.

Dogs can act out in a variety of ways, including damaging things, messing up yards, being aggressive toward others and barking for the sake of doing it. Once these become repetitive, the dog has entered into the world of obsessive compulsive disorder.

If you see that your dog is bored, you will have to find more activities for them to do. Or you will need to spend more time with them doing the activities that they are already engaged in. Add more time to your physical activity.

Dogs like it when you spend quality time with them. They are like children; if you don't spend the time with them, they will get into things that they have no business getting into.

Your dog may feel that they are not getting enough exercise. Spend more time playing with them. Your dog may feel that you are not interacting with them enough. Since they can't talk, the only way that they can show their frustration is to do repetitive actions until you take notice.

If your dog is stressed, consult with your veterinarian. Once your dog gets in that mode, he can become aggressive and put others in danger, including the dog himself. Your veterinarian can provide your dog with medication to calm him down.

Depending on what kind of breed you have, they may be genetically linked to OCD. There are certain ones, such as English Bull Terriers and German Shepherds that are known to link OCD to their genetic history.

Whatever the case, once you find out your dog has OCD, it's important to get them help immediately so that they can live a normal life.

Conclusion

You can help your dog change their bad behaviors by consistently working with them. Consistency is the key in order for your dog to make the change that you would like to see. Stick to your rules and don't allow anyone else that comes in contact with the dog to deviate from what you have taught.

Once your strategies and training is etched in stone, your dog will start to get used to them and eventually will get rid of the bad behaviors. You will have a difficult time with a dog that does not want to follow your orders and refuses to conform.

You will be less stressed once your dog is at ease and is obeying your commands. It is important that they do that. You will feel comfortable about bringing them out and allowing them to be active.

Dogs are like children—you have to keep nurturing them and providing them with love and support. At the same time, they must realize that they have to accept correction in order to be a productive member of your family.

References

eHow.com:

http://www.ehow.com/how_4701209_stop-dog-chewing.html

http://www.ehow.com/how_5024509_stop-aggression-towards-other-dogs.html

How To Do Things:

<http://www.howtodothings.com/pets-animals/how-to-stop-your-dog-from-begging>

How Stuff Works:

<http://www.howstuffworks.com/how-to-solve-dog-behavioral-problems.htm>

Dog Problem Solutions:

http://www.dogproblemsolutions.com/how_stop_dogs_from_digging.php

About.com:

<http://dogs.about.com/cs/disableddogs/a/ocd.htm>

Placer, CA Government:

http://www.placer.ca.gov/Departments/hhs/Animal_Services/Behavior

[%20Information/Understanding%20Agressive%20Behavior%20in%20Dogs.aspx](http://www.placer.ca.gov/Departments/hhs/Animal_Services/Behavior/Information/Understanding%20Agressive%20Behavior%20in%20Dogs.aspx)